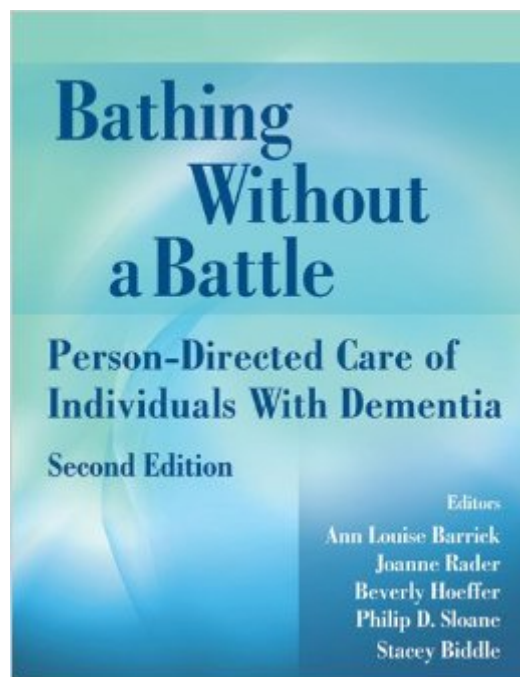


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# **Bathing Without A Battle: Person-Directed Care Of Individuals With Dementia, Second Edition (Springer Series On Geriatric Nursing)**



## Synopsis

2008 AJN Book of the Year Winner! Like its popular predecessor, the new edition of *Bathing Without a Battle* presents an individualized, problem-solving approach to bathing and personal care of individuals with dementia. On the basis of extensive original research and clinical experience, the editors have developed strategies and techniques that work in both institution and home settings. Their approach is also appropriate for caregiving activities other than bathing, such as morning and evening care, and for frail elders not suffering from dementia. For this second edition, the authors have included historical material on bathing and substantially updated the section on special concerns, including: Pain Skin care Determining the appropriate level of assistance Transfers The environment An enhanced final section addresses ways to support caregivers by increasing their understanding of the care recipient's needs and their knowledge of interventions to improve care and comfort. It also emphasizes self-care and system-level changes to promote person-directed care. Several chapters include specific insights and wisdom from direct caregivers.

## Book Information

File Size: 6826 KB

Print Length: 208 pages

Publisher: Springer Publishing Company; 2 edition (March 10, 2008)

Publication Date: March 10, 2008

Sold by: Â Digital Services LLC

Language: English

ASIN: B0084YQO1S

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,051,430 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #48

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## Customer Reviews

If you are struggling with a person who has Dementia/Alzheimer's disease and getting them to come

into contact with water this book offers understanding and compassion regarding the dynamics of bathing when someone is ill. What I liked best about this book is that it truly is "person-directed" provides useful tips such as how to focus more on the person than on the task or how to help the person feel more in control. I have used several of the techniques and have been very successful. This book changed my perspective and approach to the bathing process. While I am not a nurse I have been caring for an individual in my family who has more than moderate Alzheimer disease and it has been a significant challenge in the bathing process. I think this book is for anyone facing this issue and the book is written very clearly, with sensitivity and compassion towards both the caregiver and the individual who has dementia. I highly recommend this book.

This book should be in the resource library of every nursing home. The information about bathing residents with memory loss is based on research conducted in nursing homes. The bathing experience can be very stressful for residents with memory loss. Enhancing the bathing experience not only helps residents but will prevent injuries to staff members.

a much needed book as more of the boomer generation children deal with this disease in spouses or parents. My wife uses it at her work in an elder care facility.

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